

LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FIRDAY

MAIN

Chilli con carne

Cordon bleu

Beef lasagna

Turkey Masala curry

Sweet and sour pork

VEGETARIAN

Five bean mixed chili

Falafel and chickpea warm salad

Ratatouille

Tofu Masala curry

Vegetarian Masaka

SIDES

Steamed rice

Guacamole

Tortilla chips

Grated cheddar cheese

Dauphinoise potatoes

Steamed broccoli

Peppercorn sauce

Steamed sweetcorn

Rocket and tomato salad

Roasted sweet potato

Mozzarella and basil

Steamed green beans

Riata

Naan bread

Mango chutney

Coriander and cumin rice

Egg fried rice

Mange tout and bean sprouts

Noodle nests

Stir fry vegetables

DESSERTS

Hand cut pineapple,
Melon and Orange

Natural yogurt with
selection of toppings

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Melon and Orange

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selection of toppings

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selection of toppings

EVENING MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FIRDAY
MAIN	Smoked ham	Thai green chicken curry	Sweet chilli crispy beef	Chicken alfredo pasta	Breaded Turkey schnitzel
MAIN II	Potato and herb Spanish frittata (V)	Cheese fondue rolls served with new potatoes and gherkins (V)	Mushroom and tarragon gnocchi (V)	Pesto pasta (V)	Homemade tartiflette
SIDES	Mustard and parsley sauce Fried egg topped with black pepper Rosti potato Steamed green beans	Steamed rice Mange tout and beansprouts Spring onion and coriander Fresh lime	Stir fry noodles Mixed vegetable spring roll Pak choi coated with soy sauce Bang bang cauliflower	Oven roasted chorizo Garlic focaccia Garlic and cream sauce Steamed broccoli	Parmentier potatoes Caper jus Thyme roasted celeriac and carrots
DESSERTS	Millie-feuille	Fresh fruit salad	Chocolate brownie with vanilla ice cream	Yogurt, bran flakes and honey	Lemon tart with fresh strawberries

WEEKEND MENU

SATURDAY

SUNDAY

MAIN

Shepards pie with a crispy parmesan top

Sweet chili pork ribs topped with cucumber and tomato salsa

MAIN II

Tomato and mozzarella spaghetti

(V)

Ricotta and spinach raviolis

(V)

SIDES

Buttered leek and peas

Caramelized onion gravy

Thyme roasted potatoes

Cauliflower cheese

Herb coated new potatoes

Steamed tender stem broccoli

Rosemary Tomatoes and mushrooms

DESSERTS

Biscoff and white chocolate pancakes

Blueberry, Banana and maple syrup pancakes

Fresh raspberry and mint waffles

SALAD MENU

MONDAY

Cucumber

Tomato

Grated carrot

Mixed leaf salad

Chickpea salad

Two composite salads

Homemade simple dressing

Homemade mustard dressing

TUESDAY

Cucumber

Tomato

Grated carrot

Mixed leaf salad

Chickpea salad

Two composite salads

Homemade simple dressing

Homemade mustard dressing

WEDNESDAY

Cucumber

Tomato

Grated carrot

Mixed leaf salad

Chickpea salad

Two composite salads

Homemade simple dressing

Homemade mustard dressing

THURSDAY

Cucumber

Tomato

Grated carrot

Mixed leaf salad

Chickpea salad

Two composite salads

Homemade simple dressing

Homemade mustard dressing

FIRDAY

Cucumber

Tomato

Grated carrot

Mixed leaf salad

Chickpea salad

Two composite salads

Homemade simple dressing

Homemade mustard dressing

SNACK MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FIRDAY

**WHOLE
FRUIT**

Banana, Mandiran, Pear
and apple

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and apple

Banana, Mandiran, Pear
and apple

Banana, Mandiran, Pear
and apple

Banana, Mandiran, Pear
and apple

SNACK

Chocolate or lemon mini
muffins

Carrot cake

Vegetable spring rolls with
sweet Chilli dip

Lemon drizzle cake

Pain au chocolaté or
Croissant