

LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FIRDAY

MAIN

Chilli con carne

Cordon bleu

Beef lasagna

Turkey Masala curry

Braised lamb rump

VEGETARIAN

Five bean mixed chili

Falafel and chickpea warm salad

Ratatouille

Tofu Masala curry

Vegetarian Masaka

SIDES

Steamed rice

Guacamole

Tortilla chips

Grated cheddar cheese

Dauphinoise potatoes

Steamed broccoli

Peppercorn sauce

Steamed sweetcorn

Rocket and tomato salad

Roasted sweet potato

Mozzarella and basil

Steamed green beans

Riata

Naan bread

Mango chutney

Coriander and cumin rice

Minted cucumber yogurt

Fresh pomegranate

Mixed vegetable cous
cous

Roasted courgetti

DESSERTS

Hand cut pineapple,
Melon and Orange

Natural yogurt with
selection of toppings

Hand cut pineapple,
Melon and Orange

Natural yogurt with
selection of toppings

Hand cut pineapple,
Melon and Orange

Natural yogurt with
selection of toppings

Hand cut pineapple,
Melon and Orange

Natural yogurt with
selection of toppings

Hand cut pineapple,
Melon and Orange

Natural yogurt with
selection of toppings

EVENING MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FIRDAY

MAIN

Smoked ham

Thai green chicken curry

Sweet chilli crispy beef

Chicken alfredo pasta

Braised beef short rib

Switzerland

MAIN II

Potato and herb Spanish frittata

(V)

Cheese fondue rolls served with new potatoes and gherkins

(V)

Mushroom and tarragon gnocchi

(V)

Prawn cocktail served with cucumber and tomato

Homemade tartiflette

SIDES

Mustard and parsley sauce

Fried egg topped with black pepper

Rosti potato

Steamed green beans

Steamed rice

Mange tout and beansprouts

Spring onion and coriander

Fresh lime

Stir fry noodles

Mixed vegetable spring roll

Pak choi coated with soy sauce

Bang bang cauliflower

Oven roasted chorizo

Garlic focaccia

Garlic and cream sauce

Steamed broccoli

Parmentier potatoes

Caper jus

Thyme roasted celeriac and carrots

Crispy burnt ends

DESSERTS

Millie-feuille

Fresh fruit salad

Chocolate brownie with vanilla ice cream

Yogurt, bran flakes and honey

Lemon tart with fresh strawberries

WEEKEND MENU

SATURDAY

SUNDAY

MAIN

Shepards pie with a crispy parmesan top

6oz Rib-eye steak

MAIN II

Sweet chili pork ribs topped with cucumber and tomato salsa

Oven roasted salmon fillet

SIDES

Buttered leek and peas

Caramelized onion gravy

Thyme roasted potatoes

Cauliflower cheese

Herb coated new potatoes

Steamed tender stem broccoli

Lemon béchamel sauce

Rosemary Tomatoes and mushrooms

DESSERTS

Biscoff and white chocolate pancakes

Blueberry, Banana and maple syrup pancakes

Fresh raspberry and mint waffles

SALAD MENU

MONDAY

Cucumber

Tomato

Grated carrot

Mixed leaf salad

Chickpea salad

Two composite salads

Homemade simple dressing

Homemade mustard dressing

TUESDAY

Cucumber

Tomato

Grated carrot

Mixed leaf salad

Chickpea salad

Two composite salads

Homemade simple dressing

Homemade mustard dressing

WEDNESDAY

Cucumber

Tomato

Grated carrot

Mixed leaf salad

Chickpea salad

Two composite salads

Homemade simple dressing

Homemade mustard dressing

THURSDAY

Cucumber

Tomato

Grated carrot

Mixed leaf salad

Chickpea salad

Two composite salads

Homemade simple dressing

Homemade mustard dressing

FIRDAY

Cucumber

Tomato

Grated carrot

Mixed leaf salad

Chickpea salad

Two composite salads

Homemade simple dressing

Homemade mustard dressing

SNACK MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FIRDAY

**WHOLE
FRUIT**

Banana, Mandiran, Pear
and apple

Banana, Mandiran, Pear
and apple

Banana, Mandiran, Pear
and apple

Banana, Mandiran, Pear
and apple

Banana, Mandiran, Pear
and apple

SNACK

Chocolate or lemon mini
muffins

Parmesan cheese straws

Chantilly filled
profiteroles

Lemon drizzle cake

Pain au chocolaté or
Croissant

SOURCE OF OUR MEAT & FISH

Beef

Switzerland

Pork

Switzerland

Fish

Norway

Turkey

Switzerland & Hungary

Shrimps

Vietnam

Chicken

Switzerland & Poland & France