

# THINK ABOUT ALLERGY

**ALLERGY INFORMATION** All menu items are labeled with allergies as well as the weekly menu. Remember if you have a food allergy or intolerance ask before choosing.



**Crustaceans**



**Eggs**



**Tree Nuts**



**Celery**



**Molluscs**



**Mustard**



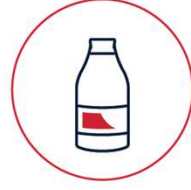
**Lupin**



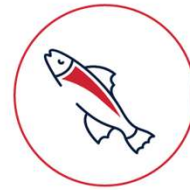
**Peanuts**



**Soybeans**



**Milk**



**Fish**



**Gluten**



**Sulphur  
Dioxide**



**Sesame  
Seeds**

# BREAKFAST MENU 28.04 - 04.05

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	Continental Toast Bar Crepes With Toppings	Continental Toast Bar Scrambled Eggs & Toppings	Continental Toast Bar Waffles and compote	Continental Toast Bar French toast	Continental Toast Bar English Breakfast	Continental Toast Bar Omelette Bar Paninis	Continental Toast Bar Smoked Bacon & Cheddar Wraps

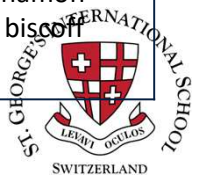
For more information on allergens, please speak to a member of the team.



# LUNCH MENU 28.04 - 04.05

	<b>MONDAY</b> Meatless Marvels	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>SOUP</b>	Tuscan cauliflower soup	French onion soup	Tomato and basil	Creamed spinach soup	Carrot and ginger
<b>MAIN</b>	Fajita spiced halloumi soft shell tacos	Thai green chicken curry	Bacon or chicken carbonara	Beef lasagne	Fish and chips
<b>VEGETARIAN</b>	Mixed bean enchiladas	Bang bang cauliflower	Baked potatoes with Toppings	Vegetable stir fry	Sweet potato dauphinoise gratin
<b>SIDES</b>	Sour cream Guacamole Tomato salsa Cheddar cheese Tortilla chips	Pak choi  Steamed rice  Stir fry vegetables	Garlic bread Grated cheese Steamed broccoli	Roasted carrots Steamed sweetcorn Tomato and mozzarella salad	Curry sauce Mushy peas Tartare sauce Crusty bread Lemon wedge
<b>DESSERT</b>	Selection Of Fresh Fruits	Cookies and cream cheesecake	Selection Of Fresh Fruits	Selection Of Fresh Fruits	Apple and cinnamon crumble with biscoff

For allergen information please ask a member of the team.



# EVENING MENU 28.04 – 04.05

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>SOUP</b>					
<b>MAIN</b>	Sweet chilli crispy beef	Homemade salmon fishcake	Boarders' Choice	Chicken stir fry	BBQ Pulled pork and ribs
<b>VEGETARIAN</b>	Cheese toasties	Pizza Pasta bake	Boarders' Choice	Halloumi burger with sweet chilli mayonaise	Mushroom and mozzarella pizza
<b>SIDES</b>	Steamed rice Crispy onion Mixed peppers	Herb roasted new potatoes Steamed broccoli Hollandaise sauce	Boarders' Choice	Prawn crackers Noodles Soy sauce egg	Celeriac coleslaw Sweet potato wedges Ceaser salad Creamy mustard sauce
<b>DESSERT</b>	Chocolate chip cookies	Fresh Fruit	Boarders' Choice	White chocolate mousse with mixed berry compote	Fresh Fruit

Pour plus d'informations sur les allergènes, veuillez vous adresser à un membre de l'équipe.



# WEEKEND MENU 28.04 - 04.05

	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>MAIN</b>	McDonalds night Homemade big mac, homemade chicken nuggets and skinny fries	Pan fried Cod
<b>VEGETARIAN</b>	Quorn burger	Mac and cheese with crispy toppings
<b>SIDES</b>	Shredded lettuce Big mac sauce BBQ sauce	Lyonnaise potatoes Green beans and capers White wine cream sauce Butter peas
<b>DESSERT</b>	Chocolate brownie	Citron posset

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# SNACKSMENU 28.04 - 04.05

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MORNING SNACK</b>	Mixed Whole Fruits  Smoked Chicken Open sandwich Or Tomato, Basil & Mozzarella Roll	Mixed Whole Fruits  Cheese swirls	Mixed Whole Fruits  Crudites, hummus and dip	Mixed Whole Fruits  Cheese and crackers	Mixed Whole Fruits  Rasin Flapjack

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