

THINK ABOUT ALLERGY

ALLERGY INFORMATION

All menu items are labeled with allergies as well as the menu of the week

Remember, if you have a food allergy or intolerance, ask before you choose



Crustaceans



Eggs



Tree Nuts



Celery



Molluscs



Mustard



Lupin



Peanuts



Soybeans



Milk



Fish



Gluten



**Sulphur
Dioxide**



**Sesame
Seeds**

LUNCH MENU du 23.09 au 29.09

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Tomato	Butternut And Thyme	Carrot & Coconut	Minestrone	Sweet Potato
MAIN	Slow Cooked Pork Fajitas With Salsa And Cheese Or Baked Cod With Herb Oil On The Side	Grilled Chicken Teriyaki	Slow cooked Turkey Shawarma Wrap	Beef Meatballs With Marinara Sauce	Chicken Stroganoff
VEGETARIAN	Roasted Tomato, basil & Feta penne	Rainbow Vegetable & Charred Soya Chow Mein	Roasted Vegetable & Bean Lasagne	Sweet Onion, Potato & Cheddar Tart	Sweet Potato Falafel Burger With Cucumber Yoghurt
SIDES	Jasmine Rice Stir-fried Greens Garlic Flat Bread	Sauteed Oriental Vegetable Corn On The Cob	Sweet Potato Herb Focaccia Dressed Leaves Roasted Cauliflower	Braised Rice Crushed New Potato's Roasted Roots	Penne Pasta Herby Potato Bites Sauteed Beans
DESSERT	Selection Of Fresh Fruit	Selection Of Fresh Fruit	Selection Of Fresh Fruit	Selection Of Fresh Fruit	Chocolate Orange Cheesecake

Pour plus d'informations sur les allergènes, veuillez vous adresser à un membre de l'équipe.



SALAD BAR du 23.09 au 29 .09

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SALADES COMPOSÉES	Carrot, Chickpeas And Orange Autumn Barley Salad	Mexican Rice Chopped Caesar	Rainbow Slaw White Beans With Roasted Vegetables And Sauce Vierge	Classic Potato Salad Chopped Salad With Chickpeas, Olives And Red Onions	Pasta With Herbs And Lemon Tomato And Pomegranate Salad
crudités	Mixed Sheets Sweetcorn Cucumber Carrot Tomato Red Onion	Mixed Sheets Sweetcorn Cucumber Carrot Tomato Red Onion	Mixed Sheets Sweetcorn Cucumber Carrot Tomato Red Onion	Mixed Sheets Sweetcorn Cucumber Carrot Tomato Red Onion	Mixed Sheets Sweetcorn Cucumber Carrot Tomato Red Onion

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